

## EXTRA-CURRICULAR ACTIVITIES

Brillantmont offers students the possibility of taking part in numerous extra-curricular activities after school, at weekends and during certain holidays. The list below is not exhaustive but gives an idea of the choice available.

### After school activities

Generally these activities take place every day of the week from 4pm and last for two periods :

#### *Physical activities :*

- Boys' and girls' sports teams: football, volleyball, basketball, badminton, swimming, cross-country, tennis, athletics (the school takes part in inter-school competitions)
- Fitness, yoga, badminton, ping-pong, running, trampoline, kickboxing
- Dance (traditional, modern, hip hop, Latino, aerobics).

#### *Creative activities :*

- Art and design, photo
- Drama /Musical comedy
- Vocals / Rock band
- Musical instruments (piano, guitar, drums).

#### *Other activities :*

- Community service
- Model United Nations ([www.thimun.org](http://www.thimun.org))
- Habitat for Humanity ([www.habitat.org](http://www.habitat.org)).

### Evening activities

Students can attend numerous shows, classical concerts, rock concerts, plays, ballets, sports events or cinema trips. International evenings regularly take place in the school to celebrate the diverse cultural origins of our students (Spanish evening, Thanksgiving, Chinese New Year, etc.)

### Weekend activities

Every weekend, the school organises a one or two day excursion or a range of specialist workshops.

#### *During the first and third terms:*

- Visit to major cities in Switzerland (Geneva, Bern, Basel, Zurich, Lugano)
- Visit to major cities in Europe (Milan, Turin, Lyon) with the possibility of attending a show or a football match
- Sports activities (paddle, sailing, mountain biking, karting, theme parks, hiking)
- Visit to art exhibitions, museums and châteaux
- Workshops – golf, horse-riding, cooking, climbing.

#### *During the second term :*

- Excursions to resorts in the Swiss or French Alps where students have the possibility of practising or learning skiing or snowboarding under the supervision of teachers of the Swiss Ski and Snowboard School.

### October and February vacation

In October, the school organises a week-long trip to a European city such as Paris, London, Florence, Venice or Barcelona. In February the school organises a week -long trip of skiing / snowboarding in the Swiss Alps.